

2010 Monthly Active COBRA Rates

Medical Plans

CareFirst BCBS PPN		UnitedHealthcare POS	
Coverage Level	COBRA Member Contribution	Coverage Level	COBRA Member Contribution
Individual	514.70	Individual	452.95
Parent & Child	999.01	Parent & Child	860.58
Husband & Wife	1150.92	Husband & Wife	951.23
Family	1249.22	Family	1358.84

Aetna PPO		Optimum Choice HMO	
Coverage Level	COBRA Member Contribution	Coverage Level	COBRA Member Contribution
Individual	458.80	Individual	459.84
Parent & Child	905.96	Parent & Child	835.48
Husband & Wife	1002.66	Husband & Wife	916.74
Family	1410.03	Family	1046.87

Kaiser Permanente HMO		Aetna HMO	
Coverage Level	COBRA Member Contribution	Coverage Level	COBRA Member Contribution
Individual	331.71	Individual	439.80
Parent & Child	630.26	Parent & Child	803.11
Husband & Wife	696.60	Husband & Wife	881.23
Family	995.14	Family	1006.39

Dental Plans

The Dental Network DHMO		CareFirst Dental PPO	
Coverage Level	COBRA Member Contribution	Coverage Level	COBRA Member Contribution
Individual	8.33	Individual	29.24
Parent & Child	14.16	Parent & Child	49.68
Husband & Wife	16.67	Husband & Wife	58.49
Family	23.33	Family	81.86

Vision & Prescription Drug Plans

CareFirst Select Vision		Express Scripts Drug Plan	
Coverage Level	COBRA Member Contribution	Coverage Level	COBRA Member Contribution
Individual	4.95	Individual	270.30
Parent & Child	4.95	Parent & Child	2.70.30
Husband & Wife	4.95	Husband & Wife	270.30
Family	4.95	Family	270.30